

# Reflections: National PTA Arts Program

## Theme: “I Matter Because...”

**Art Categories:** Literature, Music Composition, Photography, Visual Arts (2D only), Film Production and Dance Choreography. A Special Artist Division is available.

### A Checklist for Success:

#### Before you begin:

- Visualize a **unique** interpretation of the theme: **I Matter Because...**
- Put your interpretation into words and write it down – it can be a longer version of your artist statement (needed for Entry Form)
- Choose an art category

#### Create Your Entry:

- Review the category’s *Accepted forms or Considerations* listed in the Rules.
- Ask yourself “Am I portraying the theme in my work of art?”
- For Visual Arts and Photography –when choosing your medium, lighting, etc., keep in mind that you are submitting an online version of your entry for judging
- Name should NOT appear on the front of your entry, e.g., do not sign your visual art or write/type name under the Title for Literature entries

**Note:** if you need materials to create your entry, contact the Reflections Chair.

#### Prepare Entry for submission:

**NOTE: Students will be preparing their entry for online submission in the following file formats: Visual Arts & Photography (JPG/JPEG/PNG); Literature (PDF); Dance & Film (MP4 and AVI); Music Composition (MP3 and WAV/Notation - PDF); Entry Forms (PDF)**

- Follow each statement under the *Submission Requirements* in the Rules.
- Student Entry Form (a fillable PDF):
  - Fill out Completely. **Note:** Student and Parent/Guardian signatures are not required.
  - Give it a good **Title**, do not use the Theme as the title. Don’t forget the **Details**
  - Artist Statement: edit “interpretation” to the required 100 words (or less)/make it meaningful
- Submit by the the deadline!

**\*\*\*Very Important: Please save physical entries (e.g., painting, film saved to a flash drive, hand written literature, etc.) because they may needed at a later date if advancing to Council, State or National.**



For **Rules and Student Entry Form**,  
go to PTSA website/**Programs**/under Student Programs **Reflections**

**Deadline for entries: November 2nd by end of day**

**All grades and abilities can participate!**

**Questions? Contact the Chair at [reflections@lwhsptsa.org](mailto:reflections@lwhsptsa.org)**

Reflect on the Theme. Create an original work. Be Recognized.

