



# Kang Crier

Lake Washington High School PTSA

PTSA

## LWHS PTSA General Membership Meeting Tomorrow! November 20, LWHS Library

**Parent Ed Topic: Communicating Effectively with Your Teen**  
Social time at 6:30 pm, meeting begins at 7:00 pm

Following a brief PTSA business meeting, where we will elect a Nominating Committee for 2020-21 PTSA officers, **Barbie Collins-Young**, a LWHS parent, Certified Life Coach and Youth Mental Health First Aid Trainer will help us find ways to motivate our teens by learning their ideal communication style. Come meet and share ideas with fellow LWHS community members! Everybody is welcome to attend, although only PTSA members may vote. The meeting agenda can be found [here](#). PTSA members may view the minutes from our last meeting [here](#).

Tere Kaufus and Denise Campbell  
LWHS PTSA Co-Presidents

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## LWPTSA Council Special Education Group Presents: PTSA Listening Session on Access and Inclusion

Tonight! Tuesday, November 19 at 6:30 pm at the LWSD Resource Center

It's the last meeting of 2019 so come and connect! Networking will begin at 6:30 pm and will include the opportunity to meet LWSD Director of Special Services, Dr. Shannon Hitch.

[Click here for more information.](#)

Gwen Alharbi  
LWHS PTSA Special Education Inclusion and Awareness Chair

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## Donate to LWHS PTSA While You Do Your Holiday Shopping at Fred Meyer and Amazon!

### At Fred Meyer:

Visit [www.fredmeyer.com/communityrewards](http://www.fredmeyer.com/communityrewards). Go to "Are you a Fred Meyer Customer?" and click on the button "Link your Rewards Card Now." If you have not registered your Fred Meyer Rewards Card, create an account before linking Lake Washington HS PTSA to it. If you already have an account, you can link Lake Washington HS PTSA to your Rewards Card by looking up "Lake Washington High School PTSA" or finding us by our assigned non-profit number "NJ904". Once you have registered your card online, you'll

get an email with a link to click on to activate your online account.

### On Amazon.com:

Visit [smile.amazon.com](https://smile.amazon.com) and select Lake Washington High School PTSA. This will direct donations (0.5% of purchase price) from your eligible purchases.

Thank you for your continued support of all of our LWHS students!

Jody Lallas

LWHS PTSA VP of Ways and Means

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## Thank you from the Staff Appreciation Committee!

A huge **THANK YOU** to all the families who contributed to the November staff soup and salad bar luncheon: Chris Brandenfels, Linda Cheyne, Arti Dhokia, Kristin Reeder, Christine Woskett, Birgit Bertram, Christine Angerer, Daljeet Gulati, Gurveena Parhar, Kristin Barstow, Kristin Hunter, Jeyce Mahesh, Sandra Ortiz, Lara Kwiatkowski, Jami Granston, Laura Bartoletti, Julie Tribolet, Danelle Mathews, Pam Hay, Mindy Lincicome, Kari Ferrin, Gwen Alharbi, Karen Bell, Heather Buchholz, Jeannine Gilmer, Meredith Schwietzer, and Brandi Comstock.



Thank you also to our wonderful committee members who helped set up/clean up the luncheon: Suzanne Bamberger, Aimee Kommini, Laura Dooley, Laura Bartoletti, Pam Hay, Anne Buck, Linda Cheyne, Alison McElroy, and Rachel Merlino.

If you would like to be part of our committee and/or donate items, please email [appreciation@lwhsptsa.org](mailto:appreciation@lwhsptsa.org).

Thank you!

Colette Ulloa and Linda Cheyne

LWHS PTSA Staff Appreciation Co-Chairs

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## Sustainability at LWHS: November Update

The following Sustainability efforts are happening at LWHS:

- The student-led Green Team has created a plan to reach Level 3 status in the King County Green Schools program (Level 3 is Water Conservation and Pollution Prevention);
- The PTSA has adopted a Best Practice Guide to reduce waste as they plan events; and
- School staff are composting in the staff rooms which is then used by the Urban Gardening class.



Join the PTSA and LWHS in its efforts! Here are some ways this month:

- **Volunteers Needed** during lunches to monitor and educate students on what goes in the composting and recycling bins. If interested, [email Pam Hay](mailto:pamhay@lwhsptsa.org) for dates and times.
- Consider [Best Practices to Reduce Waste](#) as you plan your Thanksgiving festivities.
- [City of Kirkland's STYROFEST](#) is December 7 from 9:00 am to 3:00 pm for collection of styrofoam and plastic bags (Kirkland residents only).

Questions? Comments? Contact [Pam Hay](mailto:pamhay@lwhsptsa.org), LWHS PTSA Sustainability Chair

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## 2019 LWPTSA Scholarship Basket Auction

The Lake Washington PTSA Council cordially invites you to our 2019 Scholarship Basket Auction on Thursday, December 5 from 10:00-11:00 am at the LWSD Resource Center in Redmond - 16250 NE 74th Street, Redmond. Auction baskets are currently on display in the Resource Center, and you can bid now. All of the proceeds go to scholarships. Bidding must be done in person, although you can view the baskets [here](#).



The morning of December 5 we host a festive event with complimentary coffee drinks, fantastic raffle items and a door prize for people who have invited and brought a friend! Do some holiday shopping, or just enjoy mingling with other people who value and support education. You don't have to be present to win, so swing by the district headquarters when you are at Redmond Town Center and place your bids! If you have questions, email [auktion@lwptsa.net](mailto:auktion@lwptsa.net). Otherwise, we look forward to seeing you on December 5th!

Melissa Stone and Collette Ulloa  
LWPTSA Council Basket Auction Co-Chairs

School

## Eat at Red Robin and Support LWHS Class of 2021! November 20 from 4:00-8:00 pm

The Class of 2021 is having a restaurant fundraiser at the Red Robin at Redmond Town Center on November 20. Just dine between 4:00-8:00 pm, show a physical or digital copy of [this flyer](#), and the LWHS Junior Class will receive a percentage of the profit.

## Poetry Slam

We are hosting our 15th Poetry Slam on **Tuesday, November 26 at 6:30 pm** in the Performing Arts Center! Students can enter to compete as "Slammers" with 3 poems or as Open Mic Poets with one poem to share out of competition. Have your student start writing now and come to Poetry Club on Tuesdays after school to get feedback on their poetry. Event entrance fee is a suggested donation of \$3. All proceeds will go to the Class of 2020. Email [Terry Terich](mailto:Terry.Terich) for more information.

Terry Terich  
LWHS English Department Chair

## Disney's Newsies Comes to LWHS December 5-14!

*Disney's Newsies* is a musical packed with toe tapping choreography, stirring vocals, and a timeless message, perfect for the whole family and every audience.

Reserved seating tickets available NOW for purchase online via Brown Paper Tickets. Buy now and get the best seats in the house!

\*Kids 11 and under who dress up in a Disney-related costume can buy tickets at the door for the Saturday, 12/14 matinee for **half-off -- only \$5!**

Lake Washington High School Theatre Proudly Presents

**Disney NEWSIES**  
BROADWAY'S SMASH HIT MUSICAL  
December 5 - 14, 2019

TICKETS	RESERVATIONS	LOCATION	SHOWTIMES		
			Thursday	Friday	Saturday
12-14th Grade Students \$10.00	www.brownpapertickets.com	Lake Washington High School Theatre 12200 NE 25th Street Redmond, WA 98053	Thu 7:30pm	Fri 8:00pm	Sat 2:00pm
Senior 10-12 \$15.00			Thu 7:30pm	Fri 8:00pm	Sat 2:00pm
Adult 13+ \$20.00			Thu 7:30pm	Fri 8:00pm	Sat 2:00pm

Reservations are processed through our sponsor, Brown Paper Tickets. All cultural performance materials are also supplied by BPT.

Purchase tickets now!

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## From the Counseling Center

### Check It Out

The U.S. government mandates that all colleges that wish to continue distributing federal grants or loans must post net price calculators (NPC's) to their websites. By plugging in your financial numbers, you can see an approximate cost to attend a particular college.

### High School and Beyond Plan

Completion of assignments in Xello meet the High School and Beyond graduation requirement. All students have been introduced to Xello, and they know how to access their assignments and due dates. Resources, contacts, and directions are available on PowerSchool. Ask your student to share with you some of the cool features that Xello offers!

Marilyn Hargraves  
LWHS Counseling Center

## Seniors

### College Application Workshop

#### November 30 deadlines are coming!

Help us help your student. Encourage them to drop in for essay editing, proofing or just a last pass before they click send.

**We meet this week November 20 and 21.**

**Please note: workshop is cancelled next week due to Thanksgiving Break.**

We meet outside the College and Career Center on Wednesdays during ROO (9:25-10:05 am), Wednesdays after school at 12:55 pm, and Thursdays after school at 2:50 pm. Students should bring their essays and appetite (snacks provided). We look forward to seeing them there!

[Click here](#) for more details.

Thank You!  
Judy Shedd  
College Application Workshop Chair



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### LWHS Class of 2020 Senior Party Save with Early Purchase!

The earlier you purchase tickets, the less you'll pay. Tickets are non-refundable. Ticket prices:

- \$165 from now to 12/31/19
- \$185 1/1/20 to 3/31/20
- \$200 4/1/20 to 6/8/20
- Scholarships are available – contact JoDee Hull, LWHS Athletic Secretary

**How do I sign-up my Senior?** See details on the [information page](#).

This safe and fun-filled post-graduation all-night party is sponsored by the LWHS PTSA. We provide the entertainment, transportation, food and a memorable end-of-the-year experience.



**When:** Monday, June 15, 2020

**Start Time:** check-in begins right after Graduation at Alaska Airlines Arena at UW

**End Time:** 6:00 am on Tuesday, June 16, at LWHS

Questions? Contact [Pam Hay and Christy Hentges](#)  
LWHS Senior Party Co-Chairs

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## Fear Free SAT and ACT Practice Tests

Did your student miss the first round of practice tests? No worries! We have additional Fear Free SAT and ACT Practice Tests with the Princeton Review occurring in December and January. The Fear Free tests are a great way for your student to get comfortable with the format and style of the SAT or ACT in a stress free environment. Scored tests will be returned to students in a free review session. Upcoming tests dates are:

- SAT on Saturday, December 14
- ACT on Saturday, January 11

All tests are taken in the LWHS library from 8:30 am to 1:30 pm, and provide a complete testing simulation. [Click here](#) for additional information and registration instructions.

Questions? Contact [Martha Rames and Kavita Joshi](#)  
Fear Free Testing Co-Chairs

## Community

### Youth Mental Health First Aid Training

**Youth Mental Health First Aid** is a formal education program that introduces adults to the distinct risk factors and warning signs of mental health problems in adolescents, builds understanding of the importance of early intervention, and teaches individuals how to help youth who are in crisis or experiencing a mental health challenge.

Upcoming Training:

December 7, 8:30am-5:30pm

Light refreshments will be provided. Cost is \$75 per person. Scholarships are available. Email [info@lwsf.org](mailto:info@lwsf.org) for more information.

Denise Campbell  
LWHS PTSA Co-President

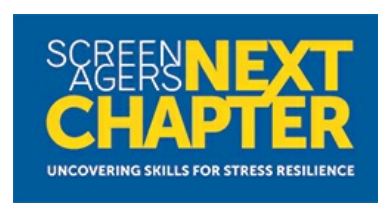


[Click here to learn more and register!](#)

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**Screenagers: Next Chapter**

The second film in the Screenagers series follows filmmaker, Delaney Ruston, as she discovers solutions for improved adolescent well-being in the digital age. The screening will host a discussion after the viewing. Tickets are free but required.



- **November 21 at 7:00 PM:** *Screenagers: Next Chapter* at Finn Hill Middle School - [Get tickets](#) | [Download a flyer](#)

## Events

**November 20: PTSA General Meeting (6:30 pm social, 7:00 pm meeting)**

**November 26: LWHS Poetry Slam**

**November 27: Half day (11:10 am release)**

**November 28-29: No School, Thanksgiving Break**

**December 5-14: *Disney's Newsies***

**December 5: LWPTSA Scholarship Basket Auction**

- [Website](#)
- [Facebook](#)
- [Join/Donate](#)
- [Amazon](#)
- [Fred Meyer](#)

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