



# Kang Crier

Lake Washington High School PTSA

School

## It's Homecoming Week!

This week is Homecoming week at LWHS! The ASB has planned a variety of events. Each day has a spirit dress up theme, leading up to the homecoming football game Friday, September 27. There will be a tailgate party before the game in the school parking lot with food trucks (with items for purchase) and live music. During the game, the Kang Kourt (Royalty) will be featured and there will be an amazing halftime show.

Homecoming 2019

Saturday, September 28 will be the Homecoming dance. The theme this year is Under the Sea! The dance will be held in the LWHS Commons from 8:00-10:00 pm. Tickets need to be purchased in advance and are on sale before school and at lunches. Tickets are \$16 with ASB, \$18 without ASB.

### Donations needed!

Can you help provide our students with food and beverages for the dance? Donations are needed - [click here to sign up!](#) Thank you for your support!

Charlotte Kommini  
LWHS ASB President

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## High School and Beyond Planning Day Wednesday, October 16

Wednesday, October 16 is High School and Beyond Planning Day. There are activities specifically planned for each grade level (please note – student attendance is mandatory on this day!).

- 9th graders will work on their high school and beyond plan (through Xello), hear from speakers from the FBI and Youth Eastside Services, and view/discuss the film *Angst* about teen anxiety and how to cope.
- 10th graders will take the PSAT (all registration is paid for by LWSD) and afterward work on their high school and beyond plan (Xello).
- 11th graders may take the PSAT (registration is \$17 payable to the ASB Bookkeeper or online); 11th graders not taking the PSAT will take the ASVAB (Armed Services Vocational Aptitude Battery – an aptitude test) and view the film *Angst* about teen anxiety and how to cope.
- 12th graders will select from a variety of workshops designed to help focus their plans for life beyond high school.

More information will be coming soon! Questions? Contact [Dana Greenberg](#), LWHS Associate Principal

## Fear Free SAT and ACT Practice Tests

Hey there Kangs! We are ready for another year of Fear Free SAT and ACT Practice Tests with the Princeton Review. The Fear Free tests are a great way for your student to get comfortable with the format and style of the SAT or ACT in a stress free environment. Scored tests will be returned to students in a free review session, but will not be shared with colleges. Upcoming tests dates are:

- SAT on Saturday, October 19
- ACT on Saturday, November 9

All tests are taken in the LWHS library from 8:30 am to 1:30 pm, and provide a complete testing simulation. [Click here](#) for additional information and registration instructions.

Questions? Contact [Martha Rames and Kavita Joshi](#), Program Co-Chairs

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## Yearbook Deadlines and Volunteer Opportunity

### Yearbook Pre-Orders

Did your student miss the first window to pre-order a yearbook? Never fear! The second pre-order window will happen January 20-February 7, 2020. More details will be communicated in early January. We sold out last year so don't miss out!



### Senior Deadlines

Calling all Seniors! Senior Quotes are due November 1, while Senior Baby Ads and Senior Portraits are due by December 1. Additional information can be found on the [Yearbook page of the LWHS website](#).

### Volunteer Opportunity

Are you a person with a knack for catching grammar oopsies or punctuation mistakes? Does reviewing spreads full of pictures of LW students bring you joy? Would you like to have a hand in the completion of our 360 page review of the 2019-2020 school year?

If you answered yes to any of those questions, would you consider serving as a parent editor for the yearbook? The tasks are simple and your help would be greatly appreciated!

If you are interested or are curious and need more information, please email [Hannah Kreutz](#) for more information.

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## From the Counseling Center

### Advanced Placement Exam Registration Information for 2019-2020

Have you heard? College Board has new registration deadlines, late fees and cancellation fees for May 2020 AP Exams. To meet the College Board ordering deadlines, Lake Washington School District students will register and pay for AP exams from October 14, 2019 through end of last lunch on October 25, 2019. We encourage all students wanting to take May 2020 AP Exams to complete the registration and pay for the exams during this October registration window.

For students who may still be deciding if they want to take AP Exams next May, LWSD is offering a late AP Exam Registration window from February 18, 2020 through end of last lunch on February 27, 2020. Please note: students who register during the late AP Registration window will incur a \$50 per exam late fee in addition to the \$96 per exam fee.

[Read more about the changes College Board has made to the AP Exam registration process.](#)

### **College Application Process Information Night on September 25**

Please join us in the theater on September 25 at 6:30 pm for the 4-year College Application Process Information Night. The presentation covers everything from selection of schools to the nuts and bolts of applying to a 4-year college—from accessing Coalition, SENDedu, and Common Application to requesting a transcript. It should answer lots of ‘how to’ questions. Parents and students of all grades are welcome to attend although the presentation will be offered again for seniors during Senior Seminars on October 16. We look forward to seeing you there!

[Marilyn Hargraves](#)  
LWHS Counseling Center

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### **LWHS PTSA Special Needs Chairs Welcome You!**

Do you have a student on an IEP or 504? We are here to support you and help create a welcoming and inclusive environment for all students at LWHS.

At this year’s welcome event, a parent from Eastlake HS shared a special support group for families of students with ADD/ADHD. If you are interested in starting something similar at LW please let us know. You can check out their Facebook page by searching “Eastside Parents of ADD/ADHD Kids”

We'd love to hear from you! Drop us an email at [specialneeds@lwhsptsa.org](mailto:specialneeds@lwhsptsa.org)  
Let's connect and make it a fun year together! **Go Kangs!**

Gwen Alharbi and Lisa Earl  
LWHS PTSA Special Needs Liasons

## **Seniors**

### **College Application Workshop Launches Tomorrow, September 25**

Please encourage your senior to take advantage of trained volunteers who are ready to help with application essays, personal statements and admission interview practice. We meet outside the College and Career Center on Wednesdays during ROO Time (9:25-10:05 am) and after school at 12:55 pm, as well as Thursdays after school at 2:50 pm. Students should bring their essays and appetites (snacks provided!) and we look forward to seeing them there. This is a FREE program.



[Click here](#) for more College Application Workshop details.

[Judy Shedd](#)  
College Application Workshop Chair

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### **LWHS Class of 2020 Senior Party Registration and Ticket Information**

Your Senior is invited to a safe and fun-filled post-graduation all-night party sponsored by the LWHS PTSA.

**When:** Monday, June 15, 2020  
**Start Time:** check-in begins right after Graduation at Alaska

Airlines Arena at UW

**End Time:** 6:00 am on Tuesday, June 16, at LWHS



**Save with early purchase!** The earlier you purchase tickets, the less you'll pay. Tickets are non-refundable. Prices are:

- \$165 from now to 12/31/19
- \$185 1/1/20 to 3/31/20
- \$200 4/1/20 to 6/8/20
- Scholarships are available - contact [JoDee Hull](#), LWHS Athletic Secretary

Ticket price includes lots of great activities, entertainment, and food at two cool venues.

**How do I sign up my Senior?** See details on the [information page](#).

Questions? Contact [Pam Hay and Christy Hentges](#)  
LWHS Senior Party Co-Chairs

**PTSA**

## **Kickoff LWHS PTSA Meeting on September 25**

**Time change:** 7:00 pm social, 7:30 pm business meeting and guest speaker

You're invited to join us for our first PTSA meeting of the year! It will be held in the LWHS Library starting with a social time at 7:00 pm. A brief business meeting will begin at 7:30 pm, followed by our **guest speaker, LWHS Principal, Christina Thomas**. Our meetings are open to everyone, although only members can vote. We will be approving our budget for the new fiscal year and also [discussing the future of our scholarship program](#). Our PTSA currently funds four \$1,000 scholarships to graduating seniors and we will be discussing eliminating that program so those funds can benefit many more students. If you have ideas about this, one way or the other, come join the discussion! Principal Thomas will share what's new at the school and answer questions. Hope to see you there!

Have thoughts or suggestions and can't attend the meeting? Please email us with your opinion or ideas.

[Tere Kaufus and Denise Campbell](#)  
LWHS PTSA Co-Presidents

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## **Join the LWHS PTSA!**

Thank you so much, parents and staff, for your continued support of the Lake Washington High School PTSA. Your membership truly makes a difference in the lives of our students and all kids throughout our state thanks to the extraordinary work of the Washington State PTA which advocates every day for our kids. By being an active PTSA member, you get to:

- Become part of a team that makes a significant difference for LWHS students, teachers and staff.
- Make your voice heard by joining the largest child advocacy organization in our state, the WA State PTA.
- Gain access to the LWHS online student directory and receive **member** discounts to FedEx Office, Great Wolf Lodge, Wild Waves and more. [Click here for more information](#).
- Get to vote on key decisions that guide our PTSA, including budget, programs, grants and officer elections.

**Memberships need to be renewed each year, so renew yours today!**

[Click here to join/renew!](#)

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## Please Donate to the "Pass-the-Pouch" Fundraiser

This is it! "Pass-the-Pouch" is the **only** PTSA fundraiser and generates the income necessary to finance our outstanding student and school support programs. We strive to make every dollar count! With your help, we will reach our goal of \$24,000. Here are **just some** of the programs for which your donations provide essential support:

- Staff, classroom and club grants totaling \$14,500 for equipment, supplies and activities.
- Our online parent newsletter, Students-In-Need fund, and Emergency Preparedness supplies.
- Senior Salute and Senior Party events that celebrate our graduating class.
- After-school College Application Workshops with hands-on support for your student.

Questions? Contact Jody Lallas, LWHS PTSA Ways and Means Chair

[Donate here!](#)

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## Reflections Arts Competition Theme: Look Within

This an opportunity for your student to use their creative talents to explore their own thoughts, feelings and ideas; it is an opportunity to Look Within.

**What is Reflections?** Reflections is a National PTA arts competition offered through the LWHS PTSA.

**Who can participate?** Any student attending LWHS.

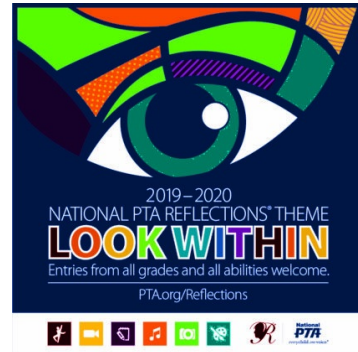
**How to participate?** Students enter a piece of art that goes through a judging process at the high school level with the potential to advance to the Council, State and National level.

**What are the Art Categories?** Visual Arts, Music Composition, Photography, Literature, Film Production or Dance Choreography. There is also a Special Artist Division (for students with disabilities).

**How to get started?** Review the Rules for the art category and the Checklist for Success, both located on the [PTSA website/Programs](#) or [LWHS website/Students/Families](#). Reflect on the theme. Create a piece of art. Submit the art along with a completed Student Entry Form to the main office by the deadline. Student Entry Forms are located on the website and in the main office.

**When is the deadline?** Friday, October 25 by 2:00 pm

**Questions?** Contact Amber Wood, LWHS PTSA Reflections Chair



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## LWPTSA Council Brown Bag October 10 Topic: Social and Emotional Learning

All are invited to our first Brown Bag of the year on Thursday October 10. Matt Gillingham, Associate Superintendent of Student and Community Services, will discuss what the district is doing to address social and emotional needs of its students. Bring your



lunch and learn!

**When:** Thursday, October 10 at 12:00 pm

**Where:** LWSD Resource Center Board Room



[Click here for more info!](#)

## Community

### Come to Puerto Rico June 2020!

Caves! Bioluminescent bays!  
Snorkeling! Canopy Tours! And MORE!!

Teachers from the LWHS Science Department are taking students to experience all that Puerto Rico has to offer in an 8-day trip for less than \$3000! If this sounds like something your student would enjoy, [click here for more information](#).



#### Questions?

Email [palmersciencetravel@gmail.com](mailto:palmersciencetravel@gmail.com) or speak with Mr. Palmer, Mrs. Wilson, or Ms. Zydell.

## Events

**College Application Process Information Meeting - September 25**

**PTSA Membership Meeting - September 25**

**LWHS Homecoming Football Game - September 27**

**LWHS Homecoming Dance - September 28**

**LWPTSA Brown Bag Luncheon - October 10**

**High School and Beyond Planning Day - October 16**

**No School - LEAP Day - October 18**

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