



Kang Crier

Lake Washington High School PTSA

School

From the Counseling Center

AP Exams

All students taking AP Exams should have picked up their AP Location Packets on April 30th. The packet includes their bar-coded number labels (which they will need for their exams) and a letter that lists all their exams and their assigned testing locations. AP Exams run from May 6th through May 17th. In the Bulletin for Students and Parents (part of their registration packet), there is a list of “What to Bring” and “What Not to Bring” to the exams. Students should read this carefully.

Please remind your student to leave cell phone, computer, and backpack in the car. Good luck to each of these ambitious students!

Second Semester Progress

Third quarter is over, and finals will be here before students know it. If students are not doing well, they need to meet with their teacher to see how they can improve. They should take advantage of Roo Time/Tutorial and/or plan to meet with their teacher before or after school. Students can also form informal study groups to review lecture notes or prepare for tests. Counselors have a list of tutors if students are really behind or confused. For freshmen, sophomores and juniors, this may be a good opportunity to assess progress and perhaps take a summer school course to make up deficiencies; we have summer school booklets in the Counseling Center and information is also available on line. Seniors need to make one solid push to the end; if required classes are not passed, seniors will not be allowed to participate in the walk-through graduation ceremony.

Marilyn Hargraves
LWHS Counseling Center

College Application Workshop Update

No presentations scheduled May 1st or May 8th

Upcoming presentations:

- May 15th: You've Been Accepted...Now What? Especially for Seniors!
- May 22nd: Enjoy Your Summer AND Plan For College

These PTSA-sponsored presentations are held Wednesdays after school at 12:55 pm, with pizza and snacks provided. Presentations are open to all students at no cost. Registration is not required. We encourage parents to ask their kids what they learned at these



Presentation Topics

student-only presentations. Click the buttons for a complete list of presentation topics and descriptions.

Please contact [Debbie Cossey](#) or [Judy Shedd](#) with any questions.

[Judy Shedd](#)
LWHS PTSA College Application Workshop Chair

Presentation
Descriptions

FAQs

The Addams Family Comes to LWHS **May 2nd - 11th!**

Choose your seats, buy your tickets and brace yourselves for our upcoming spring musical *The Addams Family!*

Reserved seating tickets available NOW for purchase online via Brown Paper Tickets. Buy now and get the best seats in the house! Discount tickets available online only for students with ASB, senior, military, and children under 10. All tickets at the door will be \$15, cash or check only.

[Morgan Heetbrink](#)
Director and LWHS Drama Teacher

Purchase tickets now!

Proudly presented by Lake Washington High School Theatre



The Addams Family
A New Musical Comedy

MAY 2 - 11, 2019

TICKETS (Reserved Seating)	RESERVATIONS	LOCATION	SHOWTIMES
Online: \$15 Adults, Students w/ ASB, Seniors (16+), Military, Children under 10. At the Door: \$15 ALL TICKETS.	Online: brownpapertickets.com/event/4054692 At the Door: Cash or check only NO Credit or debit cards!	Lake Washington High School PAC 12333 NE 80th Street, Kirkland, WA 98033	May 2, 3, 4, 10 & 11 at 7:00 pm May 4 at 2:00 pm (Understudies) May 11 at 2:00 pm

Seniors

Senior Party: Just a Few Weeks Away **Bus Sign Up, Ticket Sales, and Chaperones Needed**

Senior Party is a safe, fun-filled, all-night celebration sponsored by the LWHS PTSA. The party takes place the evening of June 17th after graduation.

Bus sign-ups continue: May 7th, 8th, 16th, and 17th during lunch in the Commons. To be eligible to sign up, Seniors must:

- Have already purchased a ticket
- Submit a completed/signed [Release Form](#) to us on the day of sign ups or prior to the Main Office. **Please note:** per the venue requirements, a parent/guardian and student must sign the form whether the senior is 18 or under, now or at the time of graduation.

If students have any life-threatening allergies, they must submit a completed [Allergy Emergency Care Plan](#) at bus sign-ups or to the Main Office. Please place in an envelope marked "Senior Party".

Ticket price is now \$200. Last day to purchase a ticket is June 10th. Tickets include transportation, food, activities, and entertainment all-night long. Tickets are non-refundable. Contact us regarding scholarship information. Tickets can be purchased:



Click here for more
info!

- Anytime [online](#), or
- at Bus Sign-Ups (a [Registration Form](#) must accompany payment and a [Release Form](#) is required for choosing a bus). Payment can be made by cash or check payable to LWHS PTSA.

We need chaperones. Spend an evening with a great group of students before their next journey begins. To volunteer, contact the event Chairs.

See [information page](#) for details, tickets, and required forms.

Questions? Contact [Pam Hay](#) and [Mindy Lincicome](#), LWHS Senior Party Co-Chairs

Senior Salute: Save the Date

Senior Salute is Thursday, June 13th from 7:00-8:30 pm in the LWHS gym. This traditional celebration of the graduating class includes student performances and reflections followed by refreshments in the Commons. Senior Solute is a relaxed and intimate opportunity to mingle and photograph your senior and their friends in cap-and-gown and LWHS. Look for more information in upcoming issues of the Kang Crier.



[Nikki Rinehart and Valerie Horvath](#)
LWHS PTSA Senior Salute Chairs

PTSA

Parents of Juniors and Seniors - Chaperones Needed for 2019 Senior Party

Chaperones are needed for this once-in-a-lifetime evening where graduates celebrate with their classmates at fun, safe, alcohol- and drug-free venues. **JUNIOR** parents get a sneak preview before they have a Senior next year. **SENIOR** parents get the opportunity to be part of this LWHS tradition and spend time with a great group of students before their next journey begins.

If interested or need more information, contact [Pam Hay](#), LWHS Senior Party Co-Chair

Staff Appreciation Week

May 6th to 10th is Staff Appreciation Week! This is our chance as a community to show our Kang staff how much we appreciate their hard work and dedication to our students. PTSA has a daily treat planned but we can't do it without your help! Please click the button below and view the list of requested donations, noting the requested drop off date.

If you have questions or would like to volunteer to help with Staff Appreciation events, please email appreciation@lwhsptsa.org.

Thank you!
Colette Ulloa and Julie Tribolet
LWHS PTSA Staff Appreciation Co-Chairs

Sign up to help!

Parents and Teachers Save the Date! LWPTSA Special Needs Group Presents "Technology at Students' Fingertips in LWSD"

Date: Tuesday, May 21, 2019

Location: LWSD Resource Center (Redmond Town Center)

Time: Networking 6:30 pm, Presentation 7:00-8:30 pm

Come to the [May 21st LWPTSA Special Needs Group meeting](#) and learn what tools are readily available to all students to help with reading and writing literacy. We'll hear from Joe Brazier, who leads the K12 Modern Classroom Experience Solutions directive on the Worldwide Education Industry Team at Microsoft. Come ask questions about accessing tools, supporting your student, and setting your student up to be an active participant in their own education.

Complimentary student care is available for meeting attendees. Please email smcenroe@lwsd.org one week prior to the event date using the subject line: Childcare at PTSA meeting.

For persons with disabilities needing accommodations, access questions, or interpreter requests, contact special.needs@lwptsa.net in advance of the meeting. Click below for more information!

Gwen Harbi
LWHS PTSA Special Needs Liaison

[Click here for more info!](#)

Do You Want to Honor a FABULOUS Educator, Volunteer, or Student?

We are now accepting nominations for our four LWHS PTSA awards:

- Golden Kang / Outstanding Educator - for an outstanding teacher or staff member
- Golden Acorn - for an outstanding volunteer
- Outstanding Advocate - for an outstanding advocate of all children
- Outstanding Student Advocate - for a student who has made significant contributions in leadership and service

Feel free to nominate more than one person. Please use one form per nominee.

Deadline for nominations is Wednesday, May 22, 2019.

Awards will be presented at the Volunteer Tea on June 5th. Nominations forms, information and award criteria are available [here](#). You may drop off your nomination form(s) in the PTSA box in the LWHS main office or email the forms to awards@lwhsptsa.org.

Irene Neumann, Colette Ulloa and Christy Hentges
LWHS PTSA Awards Committee

Have a Shout Out to Share?

Want to share stories of your student's individual or team accomplishments representing LWHS? We're happy to post them on our [LWHS PTSA Facebook page!](#) Submit your posting to social@lwhsptsa.org.

May is Mental Health Month

"Having a talk with your kids about sex doesn't make them have sex. Having a talk about llamas doesn't make them llamas. Having a talk with your kids about suicide won't make them suicidal. Having a talk with your kids about mental illness doesn't give them mental illness. It does, however, give them tools to help recognize things that might otherwise confuse or terrify them. It may help them to recognize things in themselves or in their friends. And that can save a life.

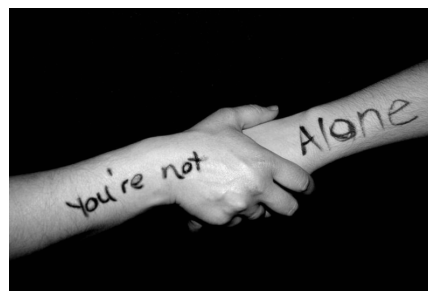


They may not understand your talk. They may think it's pointless or even silly. They may not even remember all of the details if they never deal with these sorts of struggles. But they will remember that you are there to listen and that you are there to help and that there is nothing that they can't get through. That a lot of the problems that seem massive when you're a kid or teenager will be forgotten at 21. That it's okay to fail. That it's okay to vent and cry. That it's okay to ask for help...even more importantly...that it's their duty to ask for help." - Jenny Lawson, "Have the talk.", *The Bloggess* (blog)

Questions? Need to connect? Call the 24 hour Crisis Lifeline 866.427.4747 or TeenLink 24/7 with teen staff 6:00 pm-10:00 pm 866.833.6546.

Suicide Awareness and Prevention Presentation

18% of LWSD high school students have contemplated suicide. Suicide is preventable. Come listen to speaker Peter Loft, Licensed Clinical Social Worker, and learn how to help your child or friend through a suicidal episode. This presentation is open to all LWSD families.



When: Tuesday, May 7th, 7:00-9:00 pm
Where: LWHS Library

[Click for more information](#)

Sponsored by the LWPTSA Council in conjunction with Lake Washington School District. Questions? Contact face@lwptsa.net.

2019 NAMI Eastside Youth Mental Health Conference

The goal for the NAMI Eastside Youth Mental Health Conference is to educate families, mental health providers, and educators on mental illness in our youth. Conference attendees will be informed of the early warning signs and symptoms of mental illness in youth, and made aware of available resources to help manage and treat mental illness in young people. Lunch is provided. Click the button below to register.

When: Saturday, May 4th, 8:30 am - 2:30 pm

Where:
Sammamish Presbyterian Church
22522 NE Inglewood Hill Road
Sammamish WA 98074

[Click here to register!](#)

Youth Mental Health First Aid Training

Youth Eastside Services (YES) is hosting a 2-day Youth Mental Health First Aid Training. The 8-hour certification course will be split into two 4-hour sessions on Monday, May 6th and May 13th, from 4:00 pm to 8:00 pm, at the YES Bellevue location.

The course is designed to teach parents, family members, caregivers, teachers, school staff, peers, neighbors, health and human services workers, and other caring citizens how to help youth who are experiencing a mental health or addiction challenge or crisis.

The training introduces common mental health challenges for youth, reviews typical adolescent development, and teaches a 5-step action plan for how to help young people in both crisis and non-crisis situations. **Register today!**

If you have any questions or issues with registering, please contact [Suzanne Peterson](#)
Learn more about [Youth Eastside Services](#).

Black Girl in Suburbia - A Special Documentary Event

When: Friday, May 17th 6:00-8:30 pm

Where: LWHS Theater

Join us for a light dinner, movie screening, and panel discussion with Melissa Lowery, creator of the documentary *Black Girl in Suburbia*. Sponsored by the Lake Washington School District's Opportunity, Equity and Inclusion Department and supported by LWHS PTSA. Admission is free.

Questions? Contact [Icis Tirado](#).



Bridge the Gap 2019 Annual Benefit Luncheon Update - Over \$205,000 Raised!

Thanks to the generosity of individual supporters and corporate sponsorship, more than \$205,000 was raised to support students in the Lake Washington School District!

If you missed the event and want to see the video, or make a donation in lieu of attendance, [click here](#).



Lake
Washington
**Schools
Foundation**

Events

No Early Release: Snow Day Make Up - May 1st and May 8th

LWHS production *The Addams Family* - May 2nd-11th

Staff Appreciation Week - May 6th-10th

No school: Memorial Day - May 27th

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