



Kang Crier

Lake Washington High School PTSA

School

Advanced Placement Information Night is Tonight!

Who: Parents/Guardians of current 9th-11th grade students (students are welcome)

When: Wednesday, January 23rd at 6:30 pm

Where: LWHS Theater

What: A quick overview of the different AP® options that our current students may have for the 2019-2020 school year

Teachers from each department, from Art to Science and everything in between, will be in attendance to introduce AP® courses and provide answers to your questions.

No need to RSVP. We look forward to seeing you there!

Questions? Contact [Dr. Justyna King](#)



Registration for Spring Sports Starts January 28th

LWHS spring sports begin Monday, February 25th. All students interested in participating in a spring sport must complete the online registration and be issued an eligibility clearance card. Online registration through Parent Access begins January 28th. Issuance of eligibility clearance cards (aka "Yellow Cards") begins Monday, February 11th and runs through Thursday, February 21st. Please remember that if you child has participated in two sports already this year, their 3rd sport is free. Contact the [Athletic Office](#) if you have any questions.

Does Your Student Need a Break? Try The Calm Cafe!

Is your student needing a quiet place during lunchtime? Have them visit The Calm Cafe during lunch A in Room 243 East. The Commons, stairs and even the hallway floors are used for places to eat lunch. Give your student 30 minutes to quietly catch up with friends, eat lunch, and even take advantage of a few calming table activities that are provided. The Calm Cafe is the best kept secret among those already taking advantage of this lunchtime option. So pass the word!

The Calm Cafe for lunch B is temporarily postponed while a location closer to the Commons becomes available.

LWHS approved volunteers are still needed each week to make the Calm Cafe possible.

Click on the link below to sign up.

Thank you for making this "Calm" space for our students possible!

Questions? Contact [Jeannine Dougherty](#)

Click to Volunteer!

Coffee with Christina **Wednesday, February 6th, 9:00 am** **LWHS Career & Counseling Center**

All parents are invited to attend Coffee with Christina at 9:00 am on Wednesday, February 6th in the LWHS Career and Counseling Center, adjacent to the Commons on the first floor. Come join other LWHS parents for a time to connect with each other and participate in a Q&A with Principal Christina Thomas. This is a great time to ask your questions pertaining to LWHS. These coffees last about an hour, but you are free to come late or leave early as your schedule requires.



[Tere Kaulfus](#)
LWHS PTSA President

From The Counseling Center

Registration for 2019-20 -- Already!

Registration for our current LWHS students will start as soon as the second semester begins. Counselors will present registration information covering not only requirements for graduation but also specific needs of each student via a credit check form. Selecting classes needs to be a thoughtful process since course offerings and teacher assignments are made based on these selections. Traditionally, scheduling is tight, and schedule changes are difficult and often times frustrating for students who sign up for classes without reading the course description in our course catalog. (Our course catalog will be available on the LWHS website.) Please help prepare your student for this process by reviewing their selections. Do you feel your student is being realistic in his/her choices? Is the homework likely to get completed on time? What about other activities/athletics? Do the courses support your student's goals? Your student needs your input, and we need your support. We appreciate your involvement in this process.

Counselors will visit classrooms on January 28th and 29th. All students will register online February 6th during RooTime. If your student misses registration, make-up registration will be February 11th in the Career Center.

[Marilyn Hargraves](#)
LWHS Counseling

Weekly College Presentations for Juniors and Sophomores

Now that college application deadlines are past, the College Application Workshop - a Lake Washington High School PTSA program that helps seniors with application essay editing and support - shifts focus to juniors and sophomores with weekly presentations to help them start

their college journey. Our presenters, including Debbie Cossey, an experienced college counselor, as well as representatives from local colleges and universities, will speak to students about the myriad of options they have when it comes to navigating this next chapter of their lives. The presentations, about 30 minutes in length, will be held Wednesdays after school in the library beginning at 1:00 pm. No registration is required and food will be provided.

Our first presentation will be "College Planning, Finding the Fit" on Wednesday, February 6th. Additional topics include College Opportunities in the Arts, Pre-Med and More, Health Majors for Undergrads, and lots more! Click the button for a complete list of presentation topics.

Presentations are open to all students; we hope to see many curious Kangs there!

Please contact [Debbie Cossey](#) or [Judy Shedd](#) for more information. In the meantime, good luck to all students during finals and we'll see you in February!

[Judy Shedd](#)
College Application Workshop Chair

College Application Workshop

[More Information](#)

[En Español](#)

[Presentation Topics](#)

[FAQs](#)

There's Still Time to Pre-Order a 2018-2019 Yearbook!

The final yearbook pre-order window is now open! Secure a yearbook for your student at the lowest cost. Available from January 22nd through February 11th. Cost is \$65. Purchases may be made in person at the ASB office or online through [Parent Access](#) (sales close at midnight).

Can't remember if you already bought a yearbook? You can check the purchase history for your student's account under Parent Access on the [LWSD website](#).



Seniors

From The Counseling Center

Quick Reminder for Parents of Seniors

If your senior is currently completing a graduation requirement outside of LWHS (for instance, taking an on-line course), remember that we must receive the final grade/transcript by June 1st to document the credit earned.

Midyear Reports for Seniors

If your senior applied to colleges using SENDedu or the Common Application, or requested a midyear report be sent through Coalition, counselors will automatically send the midyear report that includes first semester grades. As soon as grades are final and posted on transcripts, counselors will complete these reports.

[Marilyn Hargraves](#)
LWHS Counseling

Now Accepting Applications for the 2019 Louise Sheeley Scholarship!

Each year, the LWHS PTSA is pleased to award the Louise Sheeley Scholarship to graduating Seniors in honor of Ms. Sheeley, a former LWHS counselor. This year, the PTSA will offer four \$1,000 scholarships to LWHS Seniors who demonstrate academic excellence, involvement, service to the school and community, and a vision toward their future goals. Students are required to submit a response that details their qualifications along with two letters of recommendation and a current transcript. Scholarships can be used for books, tuition, or room and board at a vocational, 2-year, or 4-year college or university. If you are a graduating LWHS Senior and plan to pursue further education after high school, we encourage you to apply.

The selection process is blind. All applications are due in the Career Center by Friday, March 15, 2019. Seniors can pick up an application in the Career Center or on the [LWHS PTSA website](#).

PTSA

Capitol Projects Levy - Vote YES on April 23rd!

The LWHS PTSA voted unanimously at the January 16th General Membership Meeting to endorse and support the upcoming levy, which will greatly benefit LWHS by adding critical classrooms, an additional auxiliary gym, and additional Commons spaces.

Our PTSA will be working with the Lake Washington Citizens Levy Committee to support the effort in getting the YES votes needed. More info to follow on how you can help!

Click the button for an overview of what the levy will fund!

Not registered to vote? [Register here!](#)



Levy Overview

LWHS PTSA Emergency Prep and Safety Team Needs You!

Are you interested or concerned about what the plan is at LWHS in the event of an emergency or natural disaster? If so and you'd like to be part of the conversation, come join our Emergency Prep and Safety Team.

For more information, please contact [Karee Oliver](#).

New Life Hacks Workshop Series

To better prepare our children for life after high school, the LWHS PTSA is piloting a Life Hacks Workshop series this spring. We're seeking volunteers to develop the content as well as lead the workshops. The workshops will be held on campus and will focus on a variety of topics, possibly including:

- Work Life - job seeking, job interviews, gigs vs



- full-time work, business communication skills
- Financial Literacy - budgeting, investing, credit cards, loans, taxes
- Being a Grown Up - living on your own, basic nutrition, housing, car maintenance

Interested in helping out or want more info?
Contact [Jonathan Heuer](#), Life Hacks Workshop Committee Chair

Parent Education Events

Helping Students Find Their Post Graduation Path

Come meet the LWSD College and Career Specialist Team and learn about services that are at your fingertips and the inside scoop on college admissions!

Two options to attend:

- Wednesday, January 23rd, 6:00 pm-8:00 pm
- Tuesday, February 12th, Noon-2:00 pm

Both sessions will be held at the Lake Washington Resource Center

Opioid Abuse Awareness and Prevention Panel Discussion

Come hear and be part of the conversation. Specialists from Kirkland's faith community, fire and police departments, and others seek to shed light and gather input on this important topic.

Tuesday, January 29th, 7:15 pm-8:45 pm

LWHS Theater

PTSA Reflections: Four LWHS Students Advance to State

We are pleased to announce that the Reflections entries from the following students won an award at the Council level of the competition and are advancing to the State level. Congratulations to:

- Muyan Zhou, Award of Excellence (2nd) for "Guardian" in the category of Visual Arts.
- Laura Wen, Award of Merit (3rd) for "Finding Your Inner Hero" in the category of Visual Arts.
- Adeline Thomas, Honorable Mention (4th) for "Donations of a Lifetime" in the category of Visual Arts.
- Samantha McElroy, Award of Merit (3rd) for "[The Day He Left](#)" in the category of Literature.



Stay tuned this spring when results from State level are posted.

[Pam Hay](#)

LWHS PTSA Reflections Chair



Have a Shout Out to Share?

Want to share stories of your student's individual or team accomplishments representing LWHS? We're happy to post them on our [LWHS PTSA Facebook page!](#)

We would be delighted to include your student's photo as well. For team or event photos, all photos must be pre-approved by LWSD, per district policy. Group photos should be sent to [Jim Crouch](#). Please provide the names of all the students in the photos as well as where you are planning to have it published. Once permission is confirmed, you can submit your posting to social@lwhsptsa.org.

See picture of LWHS student Lana Alhabri proudly displaying a sign in front of the world's tallest building [here!](#)

Events

Last Day of First Semester - Jan 25th

LWHS 2019-2020 Registration - Feb 6th

Coffee with Christina - Feb 6th, 9:00 am

Mid-winter Break - Feb 14th-18th

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