



# Kang Crier

Lake Washington High School PTSA

School

## From the Counseling Center

### Senior Final Transcript Request

All Seniors were sent an electronic Final Transcript Request to their school email on Monday, May 20. Regardless of where the student is headed after graduation, each Senior must notify the Counseling Center of his/her plans. If students are unclear regarding their fall commitment, they should have a final transcript sent to their home address. Please check with your Senior to make sure that this form has been submitted. Final transcripts will be mailed by July 1.

### Moving Over the Summer?

If your student does not plan to return to LWHS in the fall, s/he must withdraw from LWHS before we break for summer. Please contact [Sarah Mebust](#) in the Counseling Center for more information.

[Marilyn Hargraves](#)  
LWHS Counseling Center

## Study Packs Available for Purchase!

Help your student prepare for finals! LWHS Class of 2021 is selling study packs containing supplies that will help your student study for finals.

There are two options:

- \$3 small pack (pens, pencils, erasers)
- \$8 large pack (pens, pencils, erasers, highlighter, red pen, black pen, note cards, binder ring)

Packs can be purchased online through the [LWSD Parent Portal](#) or in person during lunch through June 3. Packs will be distributed to 1st period classes before school on June 6.

Questions? Contact [Haley Slate](#), Class of 2021 Treasurer

**STUDY PACKS!**

PACKS TO HELP ASSIST IN YOUR STUDIES!

ONLINE SALES: MAY 20TH-JUNE 3RD  
LUNCH SALES: MAY 28TH-JUNE 3RD

\$3 SMALL PACK, WHICH CONTAINS ONLY A FEW NECESSITIES  
\$8 LARGE PACK WHICH HAS OVER DOUBLE THE SUPPLIES!

WHERE WE'RE SELLING:  
ONLINE SALES: PARENTS PORTAL  
COMMONS: DURING LUNCH

PACKS WILL BE DISTRIBUTED TO 1ST PERIOD CLASSES BEFORE SCHOOL ON 6/6

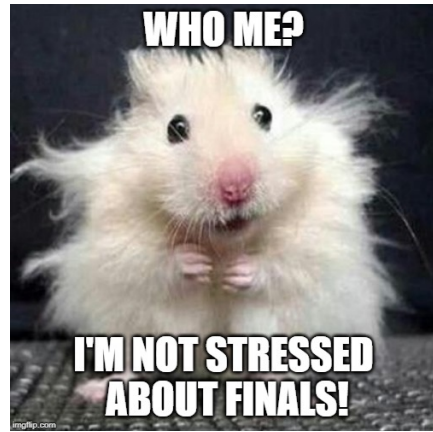
The poster features a pink background with yellow stars and purple illustrations of school supplies like a pencil, scissors, a ruler, and a megaphone.

## Student Workshop: Taming Teen Stress

Wednesday, June 5, 12:55-2:00 pm  
LWHS College and Career Center

Chronic stress in teens can lead to anxiety, depression, a compromised immune system, inability to focus and retain new information, and so much more.

Coach Sheri Gazett of [Teen Wise](#) will help your teen understand the symptoms of stress, discover healthy coping skills, and explore a new way of looking at stress. And, as an added bonus, you teen will learn a few study tips to reduce stress during finals. This PTSA-sponsored presentation is free to all students. Pizza and snacks will be provided. No registration is needed.



If you'd like to hear what Coach Sheri has to say about teen stress, you can access her online presentation at <http://tinyurl.com/TeenWiseStress>.

Questions? Contact [Jonathan Heuer](#)

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## Poetry Slam

The next Poetry Slam will be held Thursday, May 30, at 6:30 pm in the LWHS theater. Come cheer on your friends - admission is free!

Interested in participating? Contact [Mr. Terich](#), LWHS English Department Chair

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## LWHS Key Club Fundraiser for Venezuela

**When:** June 14, 5:30-8:30 pm

**Where:** LWHS Commons

**Why:** This year, LWHS Key Club has partnered with AP Spanish students to raise money for Cuatro por Venezuela and Threads of Hope. All proceeds will go to victims of the Venezuelan crisis. Many families struggle to provide basic necessities and have very little access to food, water and housing. Come join us for a viewing of *McFarland, USA* (PG). Movie night is a fun way for YOU to get involved!

**Cost:** FREE admissions! However, a \$5 donation is recommended and pizza and concessions will be sold. Bring the whole family, as well as blankets and pillows to get comfy!

Questions? Contact [s-nada@lwsd.org](mailto:s-nada@lwsd.org), [s-oaquiree@lwsd.org](mailto:s-oaquiree@lwsd.org), or [eflores@lwsd.org](mailto:eflores@lwsd.org)

**Seniors**

## Senior Party: Final Deadline June 10

June 10 is the final day to purchase a ticket, submit forms and sign-up for a bus. Senior Party Chairs will be in the Commons at lunch on June 10 for final bus sign-up and to accept forms and payment.

**To participate, Seniors need to:**

- Purchase a ticket.
- Sign-up for a bus.
- Submit a completed and signed [Release Form](#). **Please note:** per the venue requirements, all Seniors and a parent/guardian must sign the form, regardless if the Senior is 18 now or at the time of graduation.
- Complete an [Allergy Emergency Care Plan](#) if they have any life-threatening allergies.
- All forms can be submitted at the June 10 bus sign-ups or to the Main Office (placed in an envelope marked "Senior Party").

**To purchase a ticket:**

- Tickets are \$200 and non-refundable.
- Tickets can be purchased:
  - Anytime [online](#), or
  - at the June 10 bus sign-up (a [Registration Form](#) must accompany payment and a [Release Form](#) is required for choosing a bus). Payment can be made by cash or check payable to LWHS PTSA.
- Scholarships are still available. Contact LWHS Staff Member, [JoDee Hull](#), in the Attendance Office.

**4 more chaperones are needed!** Chaperones needed from 9:00 pm June 17 (after Graduation) to 6:00 am on June 18. A fun and memorable opportunity to spend time with a great group of students before their next journey begins. To volunteer, contact the Event Chairs.

See [information page](#) for details, tickets, and required forms.

Questions? Contact [Pam Hay](#) and [Mindy Lincicome](#), LWHS Senior Party Co-Chairs



**Party Time**

**6/17 Drop-off:** 9:30pm at LWHS

**6/18 Pick-up:** 6:00am at LWHS

\*Details coming soon via email



**Two Weeks Until Senior Salute  
Seniors: Wear Your Cap and Gown**

Join us Thursday, June 13, for Senior Salute. This traditional celebration for Seniors and their families includes a program from 7:00-8:00 pm in the LWHS Gym with musical performances, poems, student reflections, and a brief speech by Faculty Member, Bethany Shoda. Following the program, there will be refreshments in the Commons from 8:00-8:30 pm. Seniors check-in from 6:30-6:40 pm in the Auxiliary Gym. They will stay there until it's time to process into the Gym. Doors open at 6:30 pm for guests.



Be sure to bring your camera as this is a great opportunity to take pictures of your graduate in cap and gown at LWHS. We will set aside seating areas for people with limited mobility and their families. Please include this request when you RSVP (see below). **Please note:** parking can be difficult so allow adequate time for arrival.

**Please RSVP for Senior Salute:** let us know how many people will be in your party by emailing

[LWHS.SeniorSalute@gmail.com](mailto:LWHS.SeniorSalute@gmail.com). Please include the graduate's name, parent's name, special seating needs (if needed), and number of guests (not counting the graduate).

[Nikki Rinehart and Valerie Horvath](#)  
LWHS PTSA Senior Salute Chairs

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## Attention All Seniors!

We hope your Seniors can join their fellow 2019 classmates with the following activities. Please share these dates with your family and your students!

**Senior Prom:** Join us June 1 from 8:00-11:00 pm at The Georgetown Ballroom in Seattle for this year's prom! The theme is "Come Fly with Me". Ticket sales continue May 28-31 with a cost of \$55 with an ASB card and \$60 without an ASB card. All student fines must be paid before tickets can be purchased. If you're buying for your date, make sure their fines are paid as well. If you want to bring a date from another school, make sure to have them complete the Dance Guest Pass Page form, located at the cashier's office. You must have the completed form with you to purchase the tickets.

**Senior Sunset:** Our Senior Sunset will be held Sunday, June 16, the night before graduation to bring together the end of our Senior Year. We'll show *Ferris Bueller's Day Off* on the LWHS baseball field at Sunset. "*Life moves pretty fast, if you don't stop and look around once in a while you could miss it.*"

**Mandatory Graduation Rehearsal:** Rehearsal will occur Monday, June 17, from 9:00-11:00 am in the LWHS Gym, directly following Senior Breakfast. This rehearsal is **mandatory** for all Seniors walking in graduation.

**Graduation:** Monday, June 17, at 5:00 pm at Alaska Airlines Arena (University of Washington). Congratulations, Kangs!

Questions? Email [Anna Captain](#), LWHS Senior Class President 2018-2019

PTSA

## Sheeley Scholarship 2019 Award Recipients Announced

The LWHS PTSA is proud to announce the four winners of the 2019 Sheeley Scholarship Award. Noor Abdulhameed, Taryn Chisholm, Sanika Kulkarni and Oliver Norred were selected for this merit scholarship based on the strength and breadth of their academic records, involvement in LWHS student activities, and community work in the Kirkland area. In addition, they represented LWHS in sports and music. After graduation, Noor, Sanika and Oliver will be heading to the University of Washington and Taryn to Santa Clara University. The scholars each receive \$1,000 toward their college tuition. The scholarship is named in honor of a beloved former school counselor, Louise Sheeley, and recognizes students for outstanding achievements in school and in their community.



2019 Sheeley Scholarship Award Winners:  
Oliver Norred, Noor Abdulhameed, Taryn Chisholm, and Sanika Kulkarni

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## LWHS PTSA Parent Survey Results

The LWHS PTSA recently provided a survey to LWHS parents about current and potential LWHS PTSA programs. The survey committee is reviewing all of the results and is now focused on gathering more information about potential programs the PTSA might undertake if administrative support and funding exist. Based on the survey results, the following initiatives are of the biggest potential interest to LWHS parents:

1. Initiatives to support student social/emotional well-being
2. Initiatives to support student health, nutrition & physical well-being
3. Initiatives to support students academically
4. Initiatives to support less cell phone/social media use by students during school
5. Supervised study/hang out area after school until 5:00 pm

As the PTSA values this parental input, we are seeking more of your ideas to investigate what might be feasible to implement for the LWHS students and community. The comments provided in the survey have been helpful, but more information from parents would be beneficial. If you have ideas, insights or experience that could help address any of these topics, please email them to [president@lwhsptsa.org](mailto:president@lwhsptsa.org). New programs require volunteer support, so if you would like to help structure or plan for any of these proposals, please include that information in your email.

If you would like to see the survey results in more detail, please visit [here](#) and [here](#).

Tere Kaulfus  
LWHS PTSA President

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## Donations Needed for Senior Salute Reception

Would you like to help out with the Class of 2019 Senior Salute? Please sign up to donate refreshments or decorations. All donations should be dropped off at LWHS on Thursday, June 13, in the Commons between 2:50-6:00 pm.

Sheila Mercer  
2019 Senior Salute Committee



[Click here to donate!](#)

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## LWHS Laptop Return - Volunteers Needed!

As we start to wrap up the school year, one of the major housekeeping activities is students returning their laptops. The schedule for laptop returns this year is:

- Seniors on June 13
- Underclassman on June 18-19

All returns will occur in the LWHS Library during school hours. Multiple volunteers are needed for each shift. Please click the button below for available time slots for volunteering.

Questions? Contact [Elizabeth Courage](#), LWHS Library Media Specialist, or [Hae Sue Park](#), LWHS PTSA Volunteer Chair

Sign up to volunteer!

## Have a Shout Out to Share?

Want to share stories of your student's individual or team accomplishments representing LWHS? We're happy to post them on our [LWHS PTSA Facebook page!](#) Submit your posting to [social@lwhsptsa.org](mailto:social@lwhsptsa.org).

## Community

### Does Your Student Need Transportation Over the Summer?

It's now easier than ever to purchase youth, senior and Regional Reduced Fair Permit (RRFP) ORCA cards. ORCA To-Go will be at Redmond City Hall on the **second and fourth Thursday** every month from **9:30-11:30 am**. At these times, customers will have access to full-service ORCA card sales and assistance for purchasing or loading bus fare on to a card.

See [ORCA options](#) for more information.



## Events

**Poetry Slam - May 30, 6:30 pm**

**[Microsoft Ability Summit 2019 - May 30](#)**

**Senior Prom - June 1, 8:00 pm**

**Taming Teen Stress Student Workshop - June 5, 12:55 pm**

**Senior Salute - June 13, 7:00 pm**

**LWHS Key Club Movie Night Fundraiser - June 14, 8:00 pm**

**LWHS Graduation - June 17, 5:00 pm**

**Full Day of School - Wednesday, June 19**

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